**Generic Risk Assessment for undertaking Riverfly Kick Sampling**

For further information on The Riverfly Partnership visit www.riverflies.org

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| Hazzard | Risk | Control Measures |
| Person | Lack of individual capabilityPoor fitnessPre-existing injuries | High degree of personal responsibilityPreexisting injuries can be exacerbated by theactivity. Effects can be felt post activity. It isimportant to seek quick advice / treatment delay can significantly hinder recovery |
| MUSCUIAR SKELETAL DISORDE | Repetitive kick samplingManual handling/ liftingPosture | Awareness of posture, correct lifting techniquesand back care  |
| BITES/ STINGS / IRRITANS | Bites /.stings/ irritants from nature | Awareness |
| SKIN IRRITATION | Spills of alcohol/ ethanol In preserving specimens | Wear gloves at all times when handling thesefluids Adhere to COSHH regulationsContainer for sharps |
| EXROSURE TO DISEASE & INEECTIONinfections Leptospirosis (Weil's disease) Lyme disease Hepatitis A or B Needles tlck injuries Blue - green algae | Via open woundsContact with water, contaminated with urine from Infected rats. Infection can enter the body through cuts and scratches or lining of the mouth, throat or via the eyesBite/s | Wear protective clothing and gloves/ long armed gloveover all cuts and broken skin with waterproof plastersWash hands before and after contact with water and prior to eating, drinking, smokingExamine for bites and ticksCarry associated cards and follow up any symptoms with a medical practitioner |
| SUPS, TRIPS AND FALLS | General access and access and-egress.to and from watercourse | Awareness |
| Hazzard | Risk | Control Measures |
| WEATHER | Heat, Sun, Wet, Cold | AwarenessIncorrect clothing and spare setSun cream SPF 15+, drink (warm or cold)Check weather forecast, remember some riverscan be flashy and rise very quickly |
| TRAFFIC | Vehicular movements | Awareness |
| AGRICULTURAL PRACTICES | Disturbance to livestockInjury from livestockFencing e.g. electric, barbed wire | AwarenessPermission for access·Follow The Countryside Code |
| WATER SAFEW ISSUESImmersion I drowningSudden Immersion I shock Foot entrapmentHypothermiaCuts/ puncture wounds | Depth, flow, uneven river bedSilt and mud / marshy ground; weed growthImpact from floating debrisUnexpected sudden increases in flow - up stream rain fall or dam releasesTurbid water, unseen bed conditions, needle sticks/ broken glass | Awareness, lifejacket, clothing, boots with mid-sole protectionCheck the water depth and bed stability with astaff or poleWork with another person nearbyBeware of dynamic water depth and that water levels can rise quickly. Check forecast prior to field workNever enter a river In spate |
| PUBLIC | Other activitiesThreatening behaviour’s | Awareness and communicationAwareness; leave the site for personal safety  |
| RIS.KS TO THE ENVIRONMENT | Disturbance of silt and mud (downstreampollution)Spread of Infection to / from other water coursesSpread of alien / Invasive species to / romother sitesDistress to fish and other wildlife e.g. disturbance of fish spawning sites and nesting birds | Awareness and knowledgeDisinfectionFollow Government guidelines |